

Victim Treatment Record

Memory Aid

Triage categories:	
Red	Unstable airway, Excessive bleeding, being in shock (See below)
Yellow	Non life threatening injuries that still need care and watching
Green	Walking wounded
Black	Deceased
Red =	A - Airway B - Bleeding Shock Noisy or Unstable (Patient snoring or have to keep holding airway open) Excessive blood loss or uncontrolled bleeding present R - breathing P - perfusion M - mental status breathing at a rate greater than 30 breaths per min Capillary refill is greater than 2 secs Cannot follow commands (raise your right hand, etc)

D - Deformity
C - Contusion (lump)
A - Abrasion
P - Puncture (1 through 10)
B - Bruising
T - Tenderness
L - Laceration (cut)
S - Swelling

Adult's Assessment - GCS scoring (3-15pts)	
E - (Eyes)	4 3 2 1
V - (Verbal)	5 4 3 2 1
M - (Motor)	6 5 4 3 2 1
Add up the points & write it down. Min 3pts & max 15pts (stipulate GCS or APGAR)	
When you come back - repeat & compare (now can see a trend developing)	

Childs assessment - APGAR scoring (0-10pts)			
Category	0 points	1 point	2 points
Appearance	Blue or pale	body pink	all pink
Pulse rate	Absent	below 100	above 100
Grimace	no response	grimaces	cries
Activity	limp	some flexion	active motion
Respiratory	absent	slow & irreg	strong cry
Each category scores from 0 up to 2 pts.			
Add up the points & write it down. Min 0pts & max 10pts			
When you come back - repeat and compare			

Norms	Weight (pounds)	Heart rate	Breathing
Infant	0 - 22	<160	<60
Toddler	22 - 30	<150	<40
Pre-School	30 - 39	<140	<35
School age	39 - 79	<120	<30
Adolescent	79 - 154	<100	<30
Adult	154+	60-100	<30

Remember - After bandaging or splinting - Check PMS (pulse - movement - sensation)